

Unity Intergroup Super Saturday Presents...

“Abstinence – 247- Six Course menu of ideas”

Saturday, April 14, 2012

(Save the Date – more info to follow)

Get the scoop on:

What is abstinence? How do I go about getting and staying abstinent?

Can I travel, eat out and go to functions and be abstinent?

How do I deal with my past eating buddies, my family, friends and co-workers?

Unity Intergroup meeting will be from 12:30 – 2:00

Holiday Inn

2700 Pilot Knob Road

Eagan, MN 55121

Starts at 9AM – more details to follow

Contact Meg – 763.244.6098 or rellingem@gmail.com

Suggested Donation: \$5 or more