

Share your Experience, Strength and Hope on the Unity Intergroup Internet

Fabulous Twelfth Step Opportunity!

Share your personal story of OA to reach out to the still suffering
Compulsive Eater.

Guidelines: 300 – 500 words (That's only 3 – 5 paragraphs)

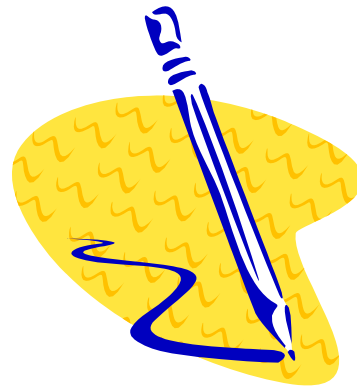
Consider these questions:

What brought you to OA?

- What were you like prior to walking in the doors?
- Tell about the changes you have experienced (both inner and outer).
- What keeps you coming back and working your program of recovery?
- Put words to those 'ah ha's you've had.

What does this cost you?

Some time
Some typing
An email
Ongoing recovery
Sharing your message



Send your marvelous stories to Meg M at rellingem@gmail.com or
call 763.244.6098 for questions. All stories are subject to editing.