

Overeaters Anonymous Newcomer Orientation

There is a solution...

- Abstinence - One Day at a Time
- Disease Concept of Food Addiction
- How It Works – The 12 Steps of Recovery

This is an open meeting geared toward newcomers to OA, returning members, and current members of OA.

*For additional information about the meeting please call:
Allison at 612.499.0280*

www.overeaters.org

Please join us!

Date: 3rd Saturday of each month
Time: 1:00pm - 2:00pm
Location: Minnetonka Community Center
14600 Minnetonka Blvd.
Minnetonka MN 55345

No need to register, you can just show up!
We look forward to meeting you.