

Talking Points for Saturday November 14, 2009

Please share this information with your meetings!

Unity Intergroup Meetings (www.overeaters.org)

Society Pages and Unity documents for monthly meetings are available on the Web site so that you may join us via phone conference. Below is the information to reach the monthly Unity Intergroup meeting.

Conference Dial-in Number: (218) 339-4600

Participant Access Code: 468702#

Details of the telephone system and keypad options;

<http://www.overeaters.org/conferencing.html>

Minnesota 2009 State Convention

It was a great success! 420 attendees, 100 walk in's. The hotel layout was great. We will be back there next year.

2010 Minnesota State Convention

Our 2010 convention chair is looking for a co-chair. Along with other volunteers for the individual convention committees contact 2009 convention chair Jimmy at 952.220.6133 or trckstp@aol.com

Newsletter

Your articles are welcomed! Please send your submission to Julie C 612-558-3687 or danejulie@hotmail.com The Twelve months follow the Twelve Steps example November is Step 11 'Sought through prayer and mediation to improve our conscious contact with God *as we understood him*, praying only for knowledge of His will for us and the power to carry that out.'

- December Step 12 will be sponsored by Anoka Monday Night (Deadline is November 21st).
- January Step One will be sponsored by Jane S meeting St. Louis Park Sunday Night (Deadline December 19th).
- February Step Two will be sponsored by (it is still open - is your group looking for some group service opportunity?)

To assist in bringing down the cost of printing the newsletters please update your meeting count by contacting the Registrar Katy B at 651-470-3213 or senoritakatyb@yahoo.com also remember that you may **view the Society Pages online at www.overeaters.org**

Dates to remember:

2009 State Convention (November 6th, 7th and 8th)

2010 Big Book Study (first weekend in March 6, 7 & 8)

2010 Buffalo Retreat (April 9, 10 & 11)

Newcomers Meeting is held the third Saturday of each month

2010 Women's Expo (Minneapolis - January 29, 30 & 31st Sat 9-5, Sun 10-5 St Paul April 10 & 11 Fri 11-7, Sat & Sun 9-5)

New Member Meeting: Welcome to Overeaters Anonymous - Meets the third Saturday of each month from 1 to 3 PM at the Minnetonka Community Center. Come hear abstinent OA members share how they recovered. These meetings are open to anyone wishing to learn more about Overeaters Anonymous. See Attached flyer.

Sponsorship Meeting is held 3 times a year usual at the Sumner Library. Watch for upcoming dates!

Service Opportunities: (please contact any board member via the www.overeaters.org) if you are interested in any service position.

January will be here soon with **elections of Trusted Servants**. Is your High Power encouraging you to grow in your program by stepping up your service work? You may go to www.overeaters.org and view the positions descriptions under the business section. Also check the trusted servant list on the back of your agenda and contact the current individual for more position details.

- **Public Information Chair Position is open**
- **Outreach Co-chair position is open**

Katy B shared that there is ready made material to use with the media for the Public Information Committee Chair to use. It is just contacting the media and getting the information to them. No volunteers. Outreach chair service position is available who co chairs with PI Chair. Outreach Chair basically organizes events, if you have a strong organizational skill this may be the service position for you.

- The Region Outreach Committee is looking for speakers to add to their speaker lists. See attached information.
- Are you an OA member with a diabetes story to share? Please contact Dianne M at diannemahoney@tds.net or 320.485.2544 or Betsy K at betsykoi51@live.com