

Overeaters Anonymous Newcomer Orientation

There is a solution.

- o Abstinence - One Day at a Time
- o Disease Concept of Food Addiction
- o How It Works – The 12 Steps of Recovery

This is an open meeting geared toward newcomers to OA, returning members, and current members of OA.

For additional information about the meeting please call:

Peg M. 612-280-6119 or Mia 612-590-7988

www.overeaters.org

Please join us!

Date: 3rd Saturday of each month

Time: 1:00pm - 2:00pm

Location: Minnetonka Civic Center
14600 Minnetonka Blvd.
Minnetonka MN